Changes to abortion services during pandemic for primary care

RATIONALE: Minimise travel & Minimise direct contact

Summary points:

SAME SELF-REFERRAL PHONE NUMBER

**02920742638**

GP CONSULTATION OR REFERRAL NOT REQUIRED

NO ROUTINE USS EXAMINATION

REDUCED SURGICAL TREATMENT

Patients call 02920742638 to book a phone or video consultation. At the agreed time a doctor or nurse will call to take history and plan management. They will discuss:

* 1. Accurate menstrual / sexual history to date pregnancy
  2. Gynaecological risk factors
  3. Other medical problems
  4. symptoms suggesting early pregnancy abnormality
  5. Age
  6. Other factor affecting communication such as poor English or learning disability

If suitable, remote treatment will be arranged for women less than 10/40 including home –delivery of medicine. Information is sent as PDF via text, whatsApp, AccuRx or e-mail.

Home-treatment packs include

* + Mifipristone & Misoprostol
  + Anti-emetic if required
  + Contraceptive supply (Desogestrel or COC)
  + Patient information leaflet

Patients requiring direct assessment are seen subsequent to the phone consultation in the Dept of Sexual Health, CRI, where the PAS team is based.

Surgical treatment is limited to women with exceptional circumstances and ERPCs.

The service continues to evolve, this is the position at the end of May 2020

Clinical questions to consultant via e-mail or e-advice:

[Caroline.scherf@wales.nhs.uk](mailto:Caroline.scherf@wales.nhs.uk) [Peter.lindsay@wales.nhs.uk](mailto:Peter.lindsay@wales.nhs.uk)